

Curriculum Map Year 10 PSHE

<p>YE AR 10</p>	<p>Content</p> <p>Is managing my online and offline world within my control?</p> <p>Key Vocabulary:</p> <p>Human rights, societal freedom, understanding safety in the UK and beyond, ending relationships safely, stages of grief, loss and bereavement, social media and culture, use of online data, threats to online safety, online identity, assessing and managing risk.</p> <p>Key Knowledge</p> <p>Liberty and safety in my world.</p> <p>How I feel when things end.</p> <p>How social media affects me, my identity and culture.</p> <p>Online safety and legislation.</p> <p>Curriculum links</p> <p>To what extent does the world I live in affect my identity?</p> <p>Year 9 'Being in my world'</p> <p>Cultural Capital</p>	<p>Content</p> <p>Does difference result in inequality?</p> <p>Key Vocabulary :</p> <p>Equality including in the workplace, in society, in relationships.</p> <p>Equality and vulnerable groups. Power and control.</p> <p>Key Knowledge</p> <p>Equality.</p> <p>Multicultural Society.</p> <p>Power in relationships.</p> <p>Challenging inequality.</p> <p>Curriculum Links</p> <p>Is being different a good thing?</p> <p>Year 9 'Celebrating difference'</p> <p>Cultural Capital</p> <p>PSHE enables our pupils to become healthy, independent and responsible members of a society.</p>	<p>Content</p> <p>Is success only possible when physical and emotional needs are in balance?</p> <p>Key Vocabulary:</p> <p>Impact of physical health in reaching goals, relationships and reaching goals, work/life balance, connections and impact on mental health, benefits of helping others, online profile and impact on future goals.</p> <p>Key knowledge</p> <p>Relationships and goals.</p> <p>Me, my goals and my health.</p> <p>Work/life balance.</p> <p>Curriculum Links</p> <p>Who do I dream of becoming?</p> <p>Year 9 'Dreams and Goals'</p> <p>Cultural Capital</p> <p>PSHE enables our pupils to become healthy, independent and responsible members of a society.</p>	<p>Content</p> <p>When it comes to health, to what extent am I in control?</p> <p>Key Vocabulary</p> <p>Improving health, sexual health, blood-borne infections, self-examination, diet and long-term health, misuse of prescription drugs, common mental health disorders, positive impact of volunteering, common threats to health including chronic disease, epidemics, misuse of antibiotics, organ donation, stem cells.</p> <p>Key Knowledge</p> <p>My health MOT.</p> <p>What protects my health?</p> <p>Extraordinary bodies.</p> <p>Extraordinary minds.</p> <p>Diseases, treatments and lifestyle choices</p> <p>Curriculum Links</p> <p>How can substances impact on wellbeing?</p> <p>Year 9 'Healthy Me'</p>	<p>Content</p> <p>Is love all you need?</p> <p>Key Vocabulary</p> <p>Sustaining long-term relationships, relationship choices, ending relationships, safely, consequences of relationships ending e.g. bullying, revenge porn, grief-cycle. Divorce and separation, impact of family breakup on children, understanding love, fake news and rumour-mongering, abuse in teenage relationships. Legislation, support and advice.</p> <p>Key Knowledge</p> <p>Healthy, long-term relationships.</p> <p>Love and loss.</p> <p>Healthy connections.</p> <p>Relationships - don't believe what you see!</p> <p>Better together?</p> <p>Curriculum Links</p> <p>Can relationships ever be equal?</p> <p>Year 9 'Relationships'</p>	<p>Content</p> <p>Can all change be positive in some way?</p> <p>Key Vocabulary</p> <p>Impact of societal change on young people, role of media on societal change, reflection on change so far and how to manage it successfully, decision making, sexual identity gender, spectrum of sexuality, stereotypes in romantic relationships, sexual identity and risk, family change, sources of support.</p> <p>Key Knowledge</p> <p>Changing society and me.</p> <p>Managing change and decision making.</p> <p>Gender and sexual identity.</p> <p>Gender stereotypes and sexual identity.</p> <p>Physical and emotional changes.</p> <p>Curriculum Links</p> <p>How can change affect mental health?</p> <p>Year 9 'Changing me'</p> <p>Cultural Capital</p>
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