

Curriculum Map PSHE Year 9

<p>YE AR 9</p>	<p>Content</p> <p>To what extent does the world I live in affect my identity?</p> <p>Key Vocabulary:</p> <p>Perceptions about intimate relationships, consent, sexual exploitation, peer approval, grooming, radicalization, county lines, risky experimentation, positive and negative self-identity, abuse and coercion, coercive control</p> <p>Key Knowledge</p> <p>Expectations and perceptions of relationships.</p> <p>Peer Approval.</p> <p>‘Family Factors’.</p> <p>Being ‘me’ in a group.</p> <p>Consent.</p> <p>Curriculum links</p> <p>Can I choose how I fit into the world?</p> <p>Year 8 ‘Being in my world’</p> <p>Cultural Capital</p>	<p>Content</p> <p>Is being different a good thing?</p> <p>Key Vocabulary :</p> <p>Protected characteristics, Equality Act, phobic and racist language, legal consequences of bullying and hate crime, sexism, ageism, positive and negative language, banter, bullying in the workplace, direct and indirect discrimination, harassment, victimisation. Prejudice, discrimination and stereotyping.</p> <p>Key Knowledge</p> <p>Equality.</p> <p>Understanding difference.</p> <p>The power of positive language.</p> <p>Bullying.</p> <p>Discrimination.</p> <p>Curriculum Links</p> <p>How different are we really?</p> <p>Year 8 ‘Celebrating success’</p> <p>Cultural Capital</p>	<p>Content</p> <p>Who do I dream of becoming?</p> <p>Key Vocabulary:</p> <p>Personal strengths, health goals, SMART planning, links between body image and mental health, non-financial dreams and goals, mental health and ill health, media manipulation, self-harm, anxiety disorders, eating disorders, depression.</p> <p>Key knowledge</p> <p>My personal strengths.</p> <p>The power of planning.</p> <p>My dreams for my life.</p> <p>Mental health and illness.</p> <p>Media manipulation and mental health.</p> <p>Curriculum Links</p> <p>Can the choices I make now influence my future?</p> <p>Year 8 ‘Dreams and Goals’</p> <p>Cultural Capital</p>	<p>Content</p> <p>How can substances impact on wellbeing?</p> <p>Key Vocabulary</p> <p>Misperceptions about young peoples’ health choices, physical and psychological effects of alcohol, alcohol and the law, alcohol dependency, drug classification, supply and possession, legislation, emergency situations, first aid, CPR, substances and safety, sources of advice and support.</p> <p>Key Knowledge</p> <p>Making healthier choices.</p> <p>Alcohol.</p> <p>Using substances (including smoking).</p> <p>Life-saving skills.</p> <p>Effects of substances.</p> <p>Curriculum Links</p> <p>Can I become more responsible for my health and happiness?</p> <p>Year 8 ‘Healthy Me’</p> <p>Cultural Capital</p>	<p>Content</p> <p>Can relationships ever be equal?</p> <p>Key Vocabulary</p> <p>Power and control in intimate relationships, risk in intimate relationships, importance of sexual consent, assertiveness skills, sex and the law, pornography and stereotypes, contraception choices, family planning, STIs, support and advice services.</p> <p>Key Knowledge</p> <p>Power in relationships.</p> <p>Assertiveness and saying no.</p> <p>Porn - is it real?</p> <p>Contraception.</p> <p>Consequences of unprotected sex.</p> <p>Curriculum Links</p> <p>Because I’m worth it... or am I?</p> <p>Year 8 ‘Relationships’</p> <p>Cultural Capital</p>	<p>Content</p> <p>How can change affect mental health?</p> <p>Key Vocabulary</p> <p>Mental health stigma, triggers, support strategies, managing emotional changes, resilience and how to improve it, reflection on importance of sleep in relation to mental health, reflection on body and brain changes, stereotypes.</p> <p>Key Knowledge</p> <p>Mental health.</p> <p>Change and our emotions.</p> <p>Better sleep.</p> <p>Resilience.</p> <p>Curriculum Links</p> <p>What factors can make an intimate relationship healthy and happy?</p> <p>Year 8 ‘Changing me’</p> <p>Cultural Capital</p>
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