

Curriculum Map PSHE Year 8

<p>YE AR 8</p>	<p>Content - Being me in my world.</p> <p>Can I choose how I fit into the world?</p> <p>Key Vocabulary:</p> <p>Self-identity, family and identity, stereotypes, personal beliefs and judgements, managing expectations, first impressions, respect for the beliefs of others. Active listening.</p> <p>Key Knowledge</p> <p>Who am I? My family. Family factors. The Power of First impressions. Faiths and Beliefs</p> <p>Curriculum links</p> <p>How do I fit into the world I live in? Year 7 'Being me in my World'</p> <p>Cultural Capital</p>	<p>Content - Celebrating differences.</p> <p>How different are we really?</p> <p>Key Vocabulary :</p> <p>Positive change made by others, how positive behaviour affects feelings of wellbeing, social injustice, inequality, community cohesion and support, multiculturalism, race and religion, prejudice, LGBT+ bullying.</p> <p>Key Knowledge</p> <p>Prejudice and Discrimination. Inequality. When things go right. Bullying. How I can make a difference.</p> <p>Curriculum Links</p> <p>Do we need to feel 'the same as' to belong? Year 7 'Celebrating difference'</p> <p>Cultural Capital</p> <p>PSHE enables our pupils to become healthy, independent and responsible members of a society.</p>	<p>Content - Dreams and Goals.</p> <p>Can the choices I make now influence my future?</p> <p>Key Vocabulary:</p> <p>Long-term goals, skills, qualifications, careers, money and happiness, ethics and mental wellbeing, budgeting, variation in income, positive and negative impact of money, online legal responsibilities, gambling issues.</p> <p>Key knowledge</p> <p>Your goals - long-term. What money can't buy. Online Safety. Money and Earnings. The price of life.</p> <p>Curriculum Links</p> <p>Can my choices affect my dreams and goals? Year 7 'Dreams and Goals'</p> <p>Cultural Capital</p>	<p>Content - Healthy Me.</p> <p>Can I become more responsible for my health and happiness?</p> <p>Key Vocabulary</p> <p>Long-term physical health, responsibility for own health, dental health, stress triggers, substances and mood, legislation associated with substances, exploitation and substances, medicine, vaccinations, immunisation Blood donation.</p> <p>Key Knowledge</p> <p>Me and My Health. Healthy choices on... managing stress. Healthy choices on... substances. Substance misuse and exploitation. Healthy choices on... medicines and immunisation.</p> <p>Curriculum Links</p> <p>To what extent am I responsible for my mental and physical health? Year 7 'Healthy Me'</p>	<p>Content - Relationships.</p> <p>Because I'm worth it... or am I?</p> <p>Key Vocabulary</p> <p>Positive relationship with self, social media and relationship with self, negative self-talk, managing a range of relationships, personal space, online etiquette, online privacy and personal safety, coercion, unhealthy balance of power in relationships, sources of support.</p> <p>Key Knowledge</p> <p>Being in control of... myself. Being in control of... my relationships. Being in control of... personal space. Managing Control and Coercion in Relationships. Being in control of... social media</p> <p>Curriculum Links</p>	<p>Content - Changing me.</p> <p>What factors can make an intimate relationship healthy and happy?</p> <p>Key Vocabulary</p> <p>Types of close intimate relationships, physical attraction, legal status of relationships, behaviours in healthy and unhealthy romantic relationships, pornography, sexuality, alcohol and risky behaviour.</p> <p>Key Knowledge</p> <p>Different types of relationship. What's in a relationship? Looks and smiles. Does watching pornography help people to understand relationships? Alcohol and Risk.</p> <p>Curriculum Links</p> <p>How do I feel about becoming an adult? Year 7 'Changing me'</p>
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