The 'Flipped Learning' Technique

Information for parents and carers



Did you know?



Flipped learning is the pre-lesson preparation, reflection and questioning that pupils undertake to help inform a teacher's planning (Mazur, 1997). Prior to a lesson, a teacher could direct students towards specific resources (often online media) that they need to digest and respond to.

Flipped learning will help stretch students' learning and understanding of topics, allow them time in the lesson to ask questions and make lessons more purposeful.

Research suggests that there have been some promising results from flipped learning where students have reported higher levels of satisfaction, greater engagement and consistent achievement.

What can you do?

Be willing to talk to your child about their homework or study tasks and help them to access different materials they may need to look at.

Help your child identify the important information within a source, article or video and encourage them to write down questions about the areas of their learning that they do not fully understand, make notes on the topic or create a mind map. Support your child to be proactive by thinking ahead and asking the teacher which topics are coming up next so they can actively start to understand them. Help your child take responsibility for their learning, prioritise their work, set themselves targets and get into a good routine with out of school learning.