



# The Island VI Form

ASPIRE AND ACHIEVE

## School Travel Action Plan (STAP)

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Reviewed: October 2020

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Review Date: September 2021



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## 1.0 INTRODUCTION

This travel plan is primarily directed at reducing unnecessary or unsustainable car travel made by staff, pupils and their parents to and from the school site. A good travel plan can bring environmental, health, social and economic benefits both to people travelling to and from the school as well as the local people living in the area. The key benefits which can result following the implementation of a travel plan are outlined below:

**Environmental** – a reduction in car journeys made to and from the school site reduces the level of air and noise pollution in and around the site highlights the many benefits of sustainable and active travel.

**Health** – by adopting more sustainable modes of travel, such as walking or cycling, people’s physical and mental wellbeing improves, and they lead a healthier lifestyle.

**Social** – people are not ‘cocooned’ in their cars and interact with other individuals on their journey to and from the school site. By reducing the motorised traffic and increasing pedestrian and cycle activity will make an area feel safer at the start and end of the school day.

**Economic** – more sustainable modes can save individuals travel costs. Increasing bus use can make the service to and from the school more viable.

### Our mission Statement

**The Island VI Form encourages and supports the whole school community to travel more actively and sustainably where possible.**

Studies show that travelling actively can help develop physical and mental well-being, social interaction, and independent travel skills. We recognise the importance of our children having practice of travelling independently to prepare them for the transition from our secondary school onto their further education setting as well as finally into the workplace. We also want them to have the skills required to be able to choose sustainable and active modes beyond their statutory education.

We promote and support sustainable travel with activities and integrate this agenda into our curriculum, wherever possible.

*The Island VI Form has benefited from being part of the Isle of Wight councils’ vision for more sustainable and healthy schools. The Isle of Wight Council have successfully bid for department for transport funding to support travel behaviour change projects across the IOW schools. In 2015 we engaged with Sustrans and most recently, from 2017, we have engaged with the island-based Shift It project. Shift it has helped us to develop our travel plan and embed active and sustainable travel throughout our school community.*



Ofsted produced a sustainable school’s document for guidance in 2008. The department for children, schools and families (DCSF) set out a national framework to help schools become a sustainable school.

# Schools and sustainability A climate for change?

The Government wants all schools to become 'sustainable schools' by 2020. Inspectors visited a selection of primary and secondary schools to assess teaching about sustainability and progress towards meeting the expectations of the National framework for sustainable schools. In the best lessons, teachers used a range of imaginative activities to help pupils develop and test out their views on complex ethical issues. However, most of the schools visited had limited knowledge of sustainability and work in this area tended to be uncoordinated, often confined to special events rather than being an integral part of the curriculum.



## DCSF - National Framework for Sustainable Schools

The Department for children, schools and families national framework for sustainable schools has eight doorways that are routinely inspected by OFSTED. Travel and Traffic is doorway no.3. **figure 1.1**

There is a set of criteria with four grades that can be obtained by the school; getting started, satisfactory, good, and outstanding. **figure 1.1a**

### Travel and traffic



**Opportunity**  
Rising vehicle use adds to congestion, road accidents and pollution, including carbon emissions. Car-sharing and public transportation help to ease these concerns, while walking and cycling also boost fitness and well-being.

**Recommendation (by 2020)**  
We would like all schools to be models of sustainable travel, where vehicles are used only when absolutely necessary and where there are exemplary facilities for healthier, less polluting or less dangerous modes of transport.

Figure 1.1 – doorway no.3 of the national framework for sustainable schools

PART B: SUPPORTING SUSTAINABLE DEVELOPMENT <small>Enter your scores in the right-hand column and calculate your Part B total at the bottom.</small>								
Doorways	THE FOUR GRADES (AND ASSOCIATED POINTS)				Your score			
	Getting started	0	Satisfactory	3		Good*	6	Outstanding**
<b>3 Travel and traffic</b>								
To what extent have you integrated sustainable travel across the curriculum, campus and community?	We have not considered, or have just begun to consider, how to adopt an integrated approach to sustainable travel.	<input type="checkbox"/>	We have audited and understood our opportunities for promoting sustainable travel. We have involved pupils, staff and the community in plans to improve our performance in this area, and we cover the issues in our curriculum.	<input type="checkbox"/>	We involve pupils and staff in the delivery and monitoring of our sustainable travel work, and draw on outside expertise when needed.	<input type="checkbox"/>	We encourage pupils and staff to apply what they have learned about sustainable travel to their lives outside school, and share our learning with the community. We involve stakeholders in periodic evaluations of our progress.	<input type="checkbox"/>

Figure 1.1a – OFSTED grading criteria

## 2.0 EXISTING CONDITIONS

### 2.1 Overview

Medina College, the school that the Island VI Form form come under, is a foundation school with a capacity of 1650 pupils. We are a school from year 7 to year 13. The school is split into a secondary (Medina College) and a sixth form (The Island VI Form). This STAP is aimed at the sixth form site on Upper St James Street.

Address: Upper St James Street, Newport, Isle of Wight, PO30 1LJ

Local authority: [Isle of Wight](#) (921)

Headteacher/Principal: Mr David Mumford

Age range: 11 to 19

Phase of education: Secondary with KS4

School type: foundation school

Gender of entry: Mixed

ID: URN: 136010, DfE number: 921/4030, UKPRN: 10035284

Establishment status: Open

Website: <https://www.iwef.org.uk/theislandviform/>

Telephone: 01983522886

Type	Numbers
Pupils	1367
Staff (full and part-time)	169
Total	1536

Table 2.1: Medina College pupil and staff numbers (September 2020)

The Island VI Form is located in Newport which is the county town of the Isle of Wight, an island county off the south coast of England. Newport forms a civil parish with Carisbrooke. The town is slightly north of the centre of the island. It has a quay at the head of the navigable section of the River Medina, which flows northwards to Cowes and the Solent.

**Population:** 3,5,496(2011 Census)

**Area:** 21.0 sq mi (54.4 km<sup>2</sup>)

**Dialing code:** 01983

**Ceremonial county:** Isle of Wight

**UK parliament constituency:** Isle of Wight

**Unitary authority:** Isle of Wight



Figure 2.1 - location plan of the school and the Isle of Wight

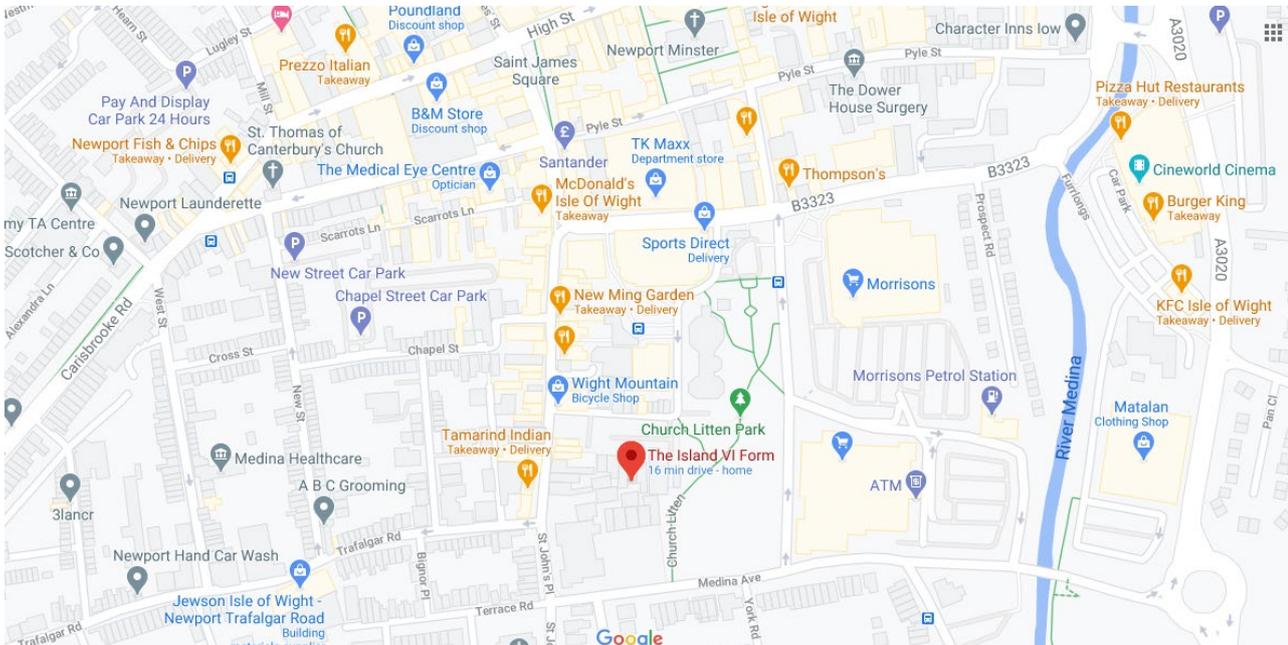


Figure 2.1(a) - A location plan of the school in a local context

## 2.2 Vehicular Access

The Island VI Form can be accessed via Upper St James Street which part of the main high street of Newport. Just opposite the school on Orchard Street there is a bus station and a library

The school has a gated onsite car park for around 30 cars. These spaces are for staff and visitors only. There is an additional space for deliveries, emergency service access and school bus routes. There is also a student car park for around 20 student cars as well.

## 2.3 Pedestrian /Cycle Access

Cyclists, scooterists and walkers can access the school via the student entrance on Upper St James street or the staff entrance on Orchard Street. The towns roads are generally busy however there are several crossing points making it safer for students and staff to get around town.

Link to Public Rights of way map for the Newport area -

[https://www.iow.gov.uk/rightsofwaymaps/rowmaps/34\\_Gunville.pdf](https://www.iow.gov.uk/rightsofwaymaps/rowmaps/34_Gunville.pdf)

[https://www.iow.gov.uk/rightsofwaymaps/rowmaps/37\\_Newport\\_East.pdf](https://www.iow.gov.uk/rightsofwaymaps/rowmaps/37_Newport_East.pdf)

The school has a covered bike storage facility directly outside the main entrance that takes up to 50 bikes comfortably. This in in the staff gated car park There are changing facilities and a shower available for staff use.

## 2.4 Bus Service

The bus service on the Isle of Wight is run by Southern Vectis. There is an extensive network of interconnecting bus routes. Frequency of the public buses are linked to demand and population demographic. The Island VI form is right next to the main bus station of the Island where most routes either start or finish.

To see all the routes follow the link below:

## 2.5 Rail Service

There are currently no services providing direct access to the Island VI Form by this mode. There is a railway service on the Isle of Wight run by South Western Railway called the island line. The island line runs between Ryde Pier Head and Shanklin. The nearest station to the sixth form is Ryde St. Johns Road. This makes this mode of transport not viable for student.



## 2.6 Access to local amenities

The Island VI form is a short walk away from several grocery shops, banks and a post office. This is due to it's location in central Newport.

## 2.7 Geographical spread of school population

Most of the pupils attending Medina college live over three mile from the school.

School	Pupil Numbers					Pupil Percentage			
	< 1 mile	< 2 miles	< 3 miles	> 3 miles	Total	< 1 mile	< 2 miles	< 3 miles	> 3 miles
Medina College	280	186	259	642	1367	20.5	13.6	18.9	47.0

Figure 2.7 - Hampshire & IOW Census Data Autumn 2019-2020

## 3.0 TRAVEL MODE DATA

### 3.1 General Information

The Island VI Form values the importance of up to date and reliable data. This data is used to inform the school on seasonal travel trends, measure the effectiveness of working with external organisations and monitor whether the bike and scooter parking reflects the demand. This is done through surveys taken every term.

### 3.2 Modal Split

Travel mode data has been collected since September 2015. The first data was collected by SUSTRANS charity by administering a hands up survey. A hands up survey method is asking the children how they 'mostly' travel to school'. This took place twice in the academic year. We continue to collect this data through hands up or written surveys.

## 4.0 CURRENT OFFER

### 4.1 Cycle Training

Cycle training has been offered to all students across the school at some point in the school year. We value all stages of riding a bike, from learning to ride a bike to completing on road training. We are currently using Shift It to provide training to all years at the sixth form.

### 4.2 Incentives

Shift It Award – The Island VI Sixth Form have yet to gain an award however we are working towards their Bronze award.

### 4.3 Events

At current we have not held any events however we are working toward holding several events this year

## 5.0 Achievements and Plan

### 5.1 Recent Achievements – 2017 to 2020

- Engaged with the 'Shift It' programme and are working towards the Bronze award
- Offer every child in the school some form of cycle training
- Invited the Shift-it team to run several cycle training sessions across KS3/4.
- Use surveys to track sustainable travel
- Produced a School Travel Action plan, which is updated during the first term of each year.
- Have had regular active travel themed assemblies during the year.

### 5.2 Next Steps – 2020 to 2021

- To offer all school staff the opportunity to buy a bike through the HMRC backed Cycle 2 Work scheme.
- Complete survey termly to monitor travel to school
- Offer guided walks to Nurture group
- To send a bi-monthly Shift-It newsletter out to parents and guardians.
- To offer cycle training – DfE guidance on COVID bubbled groups to be observed.
- Offer cycle led rides
- Offer Cycling expedition to DofE groups

## 6.0 Award Schemes

The Island VI Form is working towards the Shift It Bronze award. We hope to achieve this by the end of the year.

The Shift It Award is linked to this School Travel Action Plan and follows set [criteria](#).

- **People** – Having the following people engaged in sustainable travel agenda
- **Policy and Planning** – Having a plan which is used as a working document
- **Promotion** – Ensure events, activities and the schools plan is communicated clearly with pupils, staff and parents

- **Activities** – Have a programme of Activities that are linked to sustainable travel agenda.
- **Facilities** – Ensure the school has adequate facilities
- **Data** – Collect data regularly enough to be able to measure the school communities travel habits to and from school.

***This is a generic staff role and responsibility description for a school active travel champion. This role will be written into the School Travel Action Plan and is reviewed during the persons annual review / CPD. This role can be transferred to another member of staff at any point that the current school champion cannot continue.***

**Reviewed:** January 2021

**School:** The Island VI Form

**Name:** Jo Tuck

**Role:** To promote sustainable and active modes of travel to and from school. This will be achieved by organising a range of events and activities across the key stages.

**Responsibilities:**

- To ensure that a School Travel Action Plan(STAP) is in place, reviewed on a regular basis and available on the schools website.
- To act as a link between the school and external organisations offering activities linked with active and sustainable travel.
- To link with a local cycle training provider and offer a cycle training programme across the school.
- To communicate and promote any active travel related events and activities to the parents of pupils at the school. This can be achieved via letters home, newsletters, and social media.
- To set up and meet with a student advocacy group – Active Travel Crew (ATC). They can assist at events and activities.
- To ensure that the travel trips to and from school are recorded on a regular basis to understand how your school community travel to and from school. This data must be monitored and reported on as part of the STAP review.
- To share good news stories with the school community
- To set up a scheme to rewards children for travelling in a way that is both sustainable and active. E.g. The Golden Lock
- To communicate any sustainable travel news, activities or benefits to the staff. E.g. Cycle 2 Work Scheme